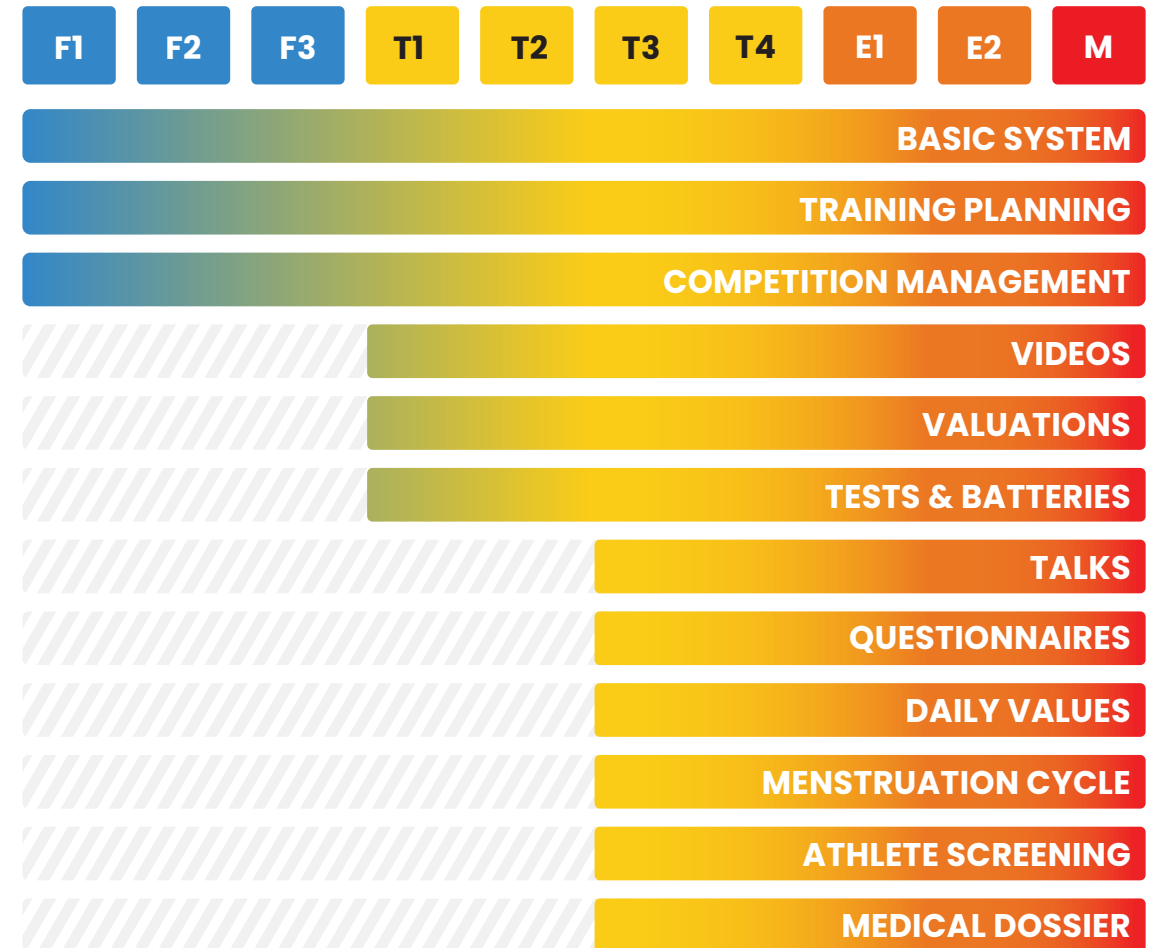


Force8 Coach modules overview according to FTEM.

FTEM Levels

Modules for different needs and FTEM levels

F Foundation **T** Talent **E** Elite **M** Mastery



Modules Overview

All modules are **freely selectable** for all organizations.

Demo and price request:
info@force8.coach

More info:
force8.coach

BASIC SYSTEM

Manage single athletes, teams, coaches, staff or doctors within one account. By setting the appropriate permissions you decide who has access to which data and functions. Assign FTEM or your own levels to athletes. Send email messages directly out of the system. With the status feature athletes can inform their coaches whether they are healthy, injured, sick or absent for another reason. Runs on all devices without any installation.

TRAINING PLANNING

Use your own training templates and your own exercise collection to plan trainings quickly and target-oriented. Players can register/deregister for trainings via cell phone or web. Analyse your trainings in a nice and convenient way.

COMPETITION MANAGEMENT

Plan and organize the competition days of your athletes, teams and staff members. Create, publish and send call-ups.

VIDEOS

Create your own video link library and share them with your users.

VALUATIONS

Evaluate your athletes the way you want and create your own valuations (e.g. by 1-5 scale).

TESTS & BATTERIES

Create your own individual tests and test batteries. Compare your athletes with each other.

TALKS

Create your own talk categories and store your athlete, end-of-season or career planning talks in one place.

QUESTIONNAIRES

Create your own questionnaires and have your athletes answered them via their app.

DAILY VALUES

Query mental and physical conditions such as mood, motivation, sleep quality and pain or injuries.

MENSTRUAL CYCLE

Align your training plan with the female menstrual cycle.

ATHLETE SCREENING

Evaluate the musculoskeletal system.

MEDICAL DOSSIER

Comprehensive health record.

ANALYSES

Almost every Force8 Coach module includes its own standard analysis. Additionally, you have the possibility to visualize other internal and external data individually.